

# SHAKE THINGS UP



## INDULGENCES



### PUMPKIN SPICED SHAKE

**INGREDIENTS:**

1 Barfresh Vanilla Bean Shake  
2 tsp. pumpkin pie spice filling  
5 oz. milk or water

Garnish: sweetened whipped cream, ground cinnamon dusting, chocolate sauce drizzle (optional)



### GRANDMA'S APPLE PIE SHAKE

**INGREDIENTS:**

1 Barfresh Vanilla Bean Shake  
2 tbsp. apple pie filling  
5 oz. milk or water

Garnish: Sweetened whipped cream, for garnish, ground cinnamon for dusting



### COOKIE MONSTER

**INGREDIENTS:**

1 Barfresh Vanilla Bean or Chocolate Shake  
2-3 Oreo cookies  
2 oz. Baileys  
2 oz. Kahlua  
1 oz. milk



### CINNAMON ROLL

**INGREDIENTS:**

1 Barfresh Vanilla Bean Shake  
3 oz. Rumchata  
2 oz. water



### PEPPERMINT MOCHA DELIGHT

**INGREDIENTS:**

1 Barfresh Mocha Frappe  
¼ cup chocolate chips  
1 Tbsp. peppermint extract  
5 oz. milk or water

Garnish: Sweetened whipped cream



### SALTED CARAMEL AND CHOCOLATE FRAPPE

**INGREDIENTS:**

1 Barfresh Caramel Macchiato  
¼ cup chocolate chips  
2 oz. of milk  
3 oz. Baileys or Irish Cream

Garnish: caramel sauce and salt sprinkles

## GARNISH IDEAS

Chocolate Chips

Strawberries

Caramel Sauce

Pineapple Slices

Whipped Cream

Shredded Coconut

Raspberries

Chocolate Sauce

Butterscotch Pieces